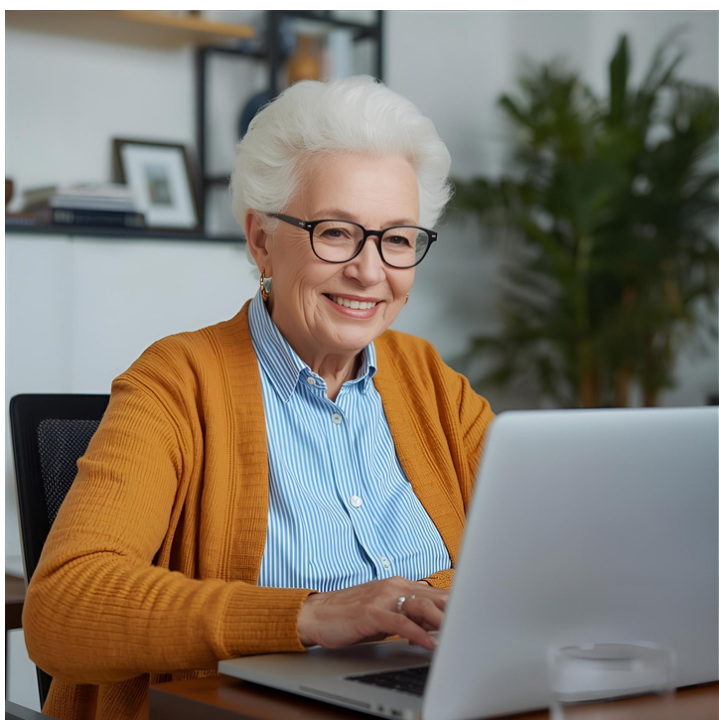


10 Computer Safety Tips Every Senior Should Know

Stay safe, secure, and confident while using your computer



Need computer help? Reach out at jeff@thattechjeff.com



Using a computer opens amazing opportunities—connecting with family, shopping online, and learning new things. But it's important to stay safe.

This checklist gives you 10 simple tips to protect yourself and your computer.

The Checklist (Tips 1–5)

1. Use Strong, Unique Passwords

Avoid using the same password everywhere. A simple trick: use a phrase you'll remember, like GrandmaLovesCookies!45.

2. Watch for Email Scams

If you get an email asking for money, gift cards, or personal info—stop and think. When in doubt, don't click anything.

3. Keep Your Computer Updated

Updates might feel annoying, but they keep your computer safe from hackers. Always say “yes” to security updates.

4. Don't Click Suspicious Links

If a link looks strange or comes from someone you don't know, don't click it. It's safer to type the website name into Google yourself.

5. Use Antivirus Protection

Make sure you have antivirus software that updates automatically. Many computers already include this for free (Windows has Microsoft Defender).

The Checklist (Tips 6–10)

6. Be Careful with Wi-Fi

Public Wi-Fi at coffee shops or airports isn't safe for banking or shopping. Save that for home.

7. Back Up Your Important Files

Keep copies of your photos and documents on an external drive or a cloud service like Google Drive. That way, you won't lose them.

8. Check Website Security

Before entering credit card info, look for a padlock  in the address bar and make sure the website starts with https://.

9. Slow Down

Scammers try to make you act fast (“urgent!” “immediate!”). Take your time. A real company or family member won't pressure you.

10. Ask for Help

When something feels off, don't go it alone. Ask a trusted friend—or call me at That Tech Jeff. Sometimes a quick question can save hours of trouble.



Stay Safe, Stay Confident

These simple steps can keep you safe and make your computer experience stress-free.

Need a little extra help? I offer honest, affordable computer help nationwide—and you only pay if I fix the problem.

👉 Visit ThatTechJeff.com